



## North Rock Creek ES Breakfast February 2024



			<b>Thu, 2 /1</b> Breakfast Burrito or Cereal & Toast Fruit Juice Milk	<b>Fri, 2 /2</b> Donut or Cereal & Toast Fruit Juice Milk
<b>Mon, 2 /5</b> Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	<b>Tue, 2 /6</b> Sausage Patty Toast or Cereal & Toast Fruit Juice Milk	<b>Wed, 2 /7</b> Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	<b>Thu, 2 /8</b> Yogurt Toast or Cereal & Toast Fruit Juice Milk	<b>Fri, 2 /9</b> Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk
<b>Mon, 2 /12</b> Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk	<b>Tue, 2 /13</b> Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	<b>Wed, 2 /14</b> Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	<b>Thu, 2 /15</b> Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	<b>Fri, 2 /16</b> Donut or Cereal & Toast Fruit Juice Milk
<b>Mon, 2 /19</b> Pancake on a Stick or Cereal & Toast Fruit Juice Milk	<b>Tue, 2 /20</b> Breakfast Burrito or Cereal & Toast Fruit Juice Milk	<b>Wed, 2 /21</b> Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	<b>Thu, 2 /22</b> Cinnamon Roll or Cereal & Toast Fruit Juice Milk	<b>Fri, 2 /23</b> Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk
<b>Mon, 2 /26</b> Sausage Patty Toast or Cereal & Toast Fruit Juice Milk	<b>Tue, 2 /27</b> Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	<b>Wed, 2 /28</b> Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	<b>Thu, 2 /29</b> Cinnamon Toast Sausage Patty or Cereal & Toast Fruit Juice Milk	

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



# North Rock Creek ES

## Lunch February 2024



			Thu, 2 /1	Fri, 2 /2
			Chicken Nuggets Mashed Potatoes & Gravy Cucumber Slices Dinner Roll Fruit Milk	Chicken Quesadilla Refried beans Tortilla Chips Salsa Fruit Milk
Mon, 2 /5	Tue, 2 /6	Wed, 2 /7	Thu, 2 /8	Fri, 2 /9
Corn Dog French Fries Broccoli & Ranch Fruit Milk	Pizza Pasta Green Beans Roasted Carrots Breadstick Fruit Milk	Beef Taco Spanish Rice Tortilla Chips Salsa Refried beans Fruit Milk	Breaded Chicken Sandwich Baked Beans Glazed Baby Carrots Fruit Milk	Mexican Pizza Bean Dip Tortilla Chips Salsa Fruit Milk
Mon, 2 /12	Tue, 2 /13	Wed, 2 /14	Thu, 2 /15	Fri, 2 /16
Chicken Nuggets  Mashed Potatoes & Gravy Dinner Roll Fruit Milk	Cheeseburger Mac Green Beans Roasted Carrots Breadstick Fruit Milk	Glazed Ham Corn Cucumber Salad Dinner Roll Fruit Milk	Chicken Spaghetti Broccoli Garden Salad Breadstick Fruit Milk	Beef Burrito Refried beans Tortilla Chips Salsa Fruit Milk
Mon, 2 /19	Tue, 2 /20	Wed, 2 /21	Thu, 2 /22	Fri, 2 /23
Cheeseburger Green Beans Roasted Carrots Fruit Milk	Frito Chili Pie Tater Tots Glazed Baby Carrots Fruit Milk	Waffle and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Fruit Milk	Spaghetti & Meat Sauce Caesar Salad Cucumber Slices Breadstick Fruit Milk	Burrito Bowl (Chicken, Queso, Rice) Chili Beans Tortilla Chips Salsa Fruit Milk
Mon, 2 /26	Tue, 2 /27	Wed, 2 /28	Thu, 2 /29	
Grilled Cheese Tomato Soup Green Beans Fruit Milk	Flatbread Pizza Caesar Salad Baby Carrots Fruit Milk	Ham & Cheese Melt French Fries Cucumber Slices Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Green Beans Dinner Roll Fruit Milk	

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